

Building Healthy Communities Through Food Workshop, July 15, 2006 Workshop Evaluation Results

n=34 surveys returned

1. Overall, how was the workshop? 97% rated the event Excellent or Good

- 19 Excellent
- 14 Good
- 1 Fair
- 0 Poor
- 0 Really Bad
- 0 No response

2. Overall, did the workshop meet your expectations?

- 22 Very Well 65%
- 10 Somewhat 29%
- 0 Very Little
- 2 I didn't know what to expect 6%
- 0 No response

3. What part of the workshop did you enjoy the most/was the most helpful?

- 1 No response
- 18 Networking
- 12 Roundtables
- 8 Idea sharing
- 6 Learning about what other people do
- 6 The food
- 5 Beautiful setting
- 2 Diversity of participants - race/gender & work
- 2 Handouts & worksheets
- 1 Beekeeping demonstration
- 1 Feedback at Project roundtable was helpful and well-facilitated
- 1 Inspiring presentations
- 1 The tour

4. What part of the workshop did you enjoy the least/was the least helpful?

- 19 No response/no complaints
- 3 Wanted to hear the morning speaker
- 2 Beekeeping demonstration
- 2 Discussions lacking structure
- 2 Intro was a bit long
- 1 My breakout group was more of an info session - but great info to learn about.
- 1 Tour - not relevant to my work
- 1 The bugs
- 1 Disorganization
- 1 Afternoon workshop did not address all my questions
- 1 Food In Our Communities session
- 1 Roundtable was not what I expected (Increasing access)
- 1 Wanted more time for practical suggestions

5. Which roundtable did you attend?

- 15 Increasing access to healthy & local foods
- 11 Starting a Project
- 8 Growing food in the city
- 0 No response

5b. How would you rate it?	<u>Increasing</u>	<u>Starting</u>	<u>Growing</u>
Excellent	3	7	2
Good	12	3	4
Fair	0	0	1
Poor	0	0	0
Really bad	0	0	0
No response	0	1	1

6. Did the workshop increase your understanding of community food issues? Explain.

- 4 No response 12%
- 27 Yes 82%
- 2 No 6%
- 1 Somewhat

Why Yes?

- 8 Learned about all different types of work and perspectives around food justice
- 6 good info transfer; inspiration & ideas.
- 3 Learned of community resources.
- 1 It reminded me that the prerequisite & an essential element of community gardening is relationships among people.
- 1 Learned about organization planning to do food justice work.
- 1 It increased my understanding/perspective around starting a project.
- 1 It gave me an understanding of how people are affected by food, toxins, chemicals, clothes.

- 1 I now know how to get healthy food into my community.
- 1 I learned about the Mandela Food Coop and the retail work in W. Oakland
- 1 It gave me a more detailed understanding of how increased access to healthy food strengthens communities.

Why No?

- 1 Some of the discussion was tangential.
- 1 I have a pretty good grasp of the issues already

7. How do you think you'll use the information that you learned at the workshop?

- 4 No response
- 8 networking/collaboration
- 7 Inspired me to start/continue my work
- 5 Share it with others - my family, school, community
- 3 Provided me with ideas for how to start my project
- 2 Lots of great tips to help with my work at Alemany Farm
- 2 Continue to research issues I learned about and then develop a project
Continue supporting Eco Village Farm, help promote community garden at Richmond
- 1 greenway.
- 1 Feel more comfortable moving forward with my project, asking for help
- 1 Understand the value of planning projects while recognizing that it's overrated.

- 1 Plan to interface with community groups, and use resources I learned about.
- 1 Start a community garden in my neighborhood
 - It will inform my work regarding W. Oakland corner store conversion and potential barriers
- 1
- 1 Connect more with my neighbors around growing veggies & fruit in our backyards.
- 1 I hope to bring more people to the Oakland Food System
- 1 It will help me to organize the next workshop in Central Valley
- 1 Join the co-op in Oakland

8. What types of additional workshops would you be interested in attending?

What topics of issues would you like covered in the future?

- 8 No response
- 4 Building community participation (one person specified low-income communities & the homeless population)
- 4 Fundraising
- 3 Gardening how-to
- 3 Nutrition & Physical Activity
- 2 Medicinal gardening & plant uses
- 1 Public Health
- 1 Dance, Arts, Music & Healing
- 2 Youth outreach/involvement strategies
- 2 How to create a curriculum combining social justice & food issues
- 1 Environmental education in schools
- 1 Beginner workshop to introducing people to food justice issues
- 1 Permaculture
- 1 Land use & food
- 1 Projects to develop job skills & local economies through food
- 1 Coalition building
- 1 Skill sharing
- 1 Strategies for increasing access to healthy foods
- 1 Bridging cross-cultural and cross-economic class gaps regarding interests in food issues

- 1 Marketing
- 1 Food history
- 1 Skill building on specific topics, such as surveys, inventories, assessments
- 1 Technical workshop on soil contamination
- 1 Urban farming resources (larger scale)
- 1 Specifics of policy issues around food retail-corner store conversions and farm to school

- 1 Urban gardens/healthy food
- 1 How to work with government on food policy issues
- 1 Planning meetings for specific projects
- 1 People of color

9. Do you have any additional comments on the workshops or general suggestions for CFJC?

6 No response

17 Thanks/great job

4 Please send out our contact info to each other.

3 Keep us informed of future events

2 Find alternatives to individual plastic water bottles & Hansen's soda w/ HFCS. For water, you could offer reusable bottles w/ CFJC logo that are dishwasher safe for sale/donation at the event.

2 Great facilitators

1 Do more in SF

1 I am so honored to have met all the facilitators and attendees

1 Increase the number of workshops within the time limit

1 It would be great to advocate for state education standards to include food systems & gardening.

1 I really appreciated being outside all day

1 It would be great if there were future funding for more specific topics for roundtables/workshops.

1 Longer sessions would enable more in-depth discussions.

1 People of color issue

1 Brahm was an invaluable resource